



# PRELIMINARY PROGRAM

August 24-25, 2023

Trinity College Dublin

Trinity Biomedical Sciences Institute

Dublin, Ireland

**12 CPD  
CREDITS**



**RCSI**

ROYAL  
COLLEGE  
OF SURGEONS  
IN IRELAND



## PRESIDENT'S MESSAGE

### Dear Friends and Colleagues,

Welcome to this year's exciting IAOS 2023 Orthopaedic Symposium being held at the historic Trinity College Dublin in the Trinity Biomedical Sciences Institute! Dublin, Ireland's capital and largest city, is considered the gateway to the Emerald Isle!

The pandemic unfortunately caused us to cancel many of our meetings, so it gives me great pleasure to once again be back in Ireland with our friends from the United States and Ireland for this enlightening, educational meeting offering 12 CPDs to all attendees.

I want to take this opportunity to thank Dr. Derek Bennett for acting as our IAOS Site Chairman and for his previously extended 3-year term as our IAOS President during the pandemic period. We are all extremely grateful to him for his tireless service to one and all.

Program Co-Chairs, Dr. Ruth Delaney and Dr. Robert McLaughlin II, have created an extraordinary scientific program for you. Their collaborative efforts, taking a great deal of time and coordination, features world class educators who will share their expertise on contemporary clinical issues.

Of special note, we are most fortunate to have several outstanding societies and associations co-sponsoring our 2023 Orthopaedic Symposium this year. We'd like to send our heartfelt thanks to the Irish Shoulder & Elbow Society, the Irish Orthopaedic Association, the Navy Orthopaedic Alumni Association, and the Notre Dame Orthopaedic Alumni Association for their invaluable participation.

And to our corporate sponsors, we give a special thanks for your continued support, as well as those who have contributed Educational Grants to help the Society fund this year's exciting Orthopaedic Symposium.

The Irish-American Orthopaedic Society is so important to many of us as we continue to build positive relationships with medical colleagues on both sides of the Atlantic while striving to expand orthopaedic knowledge, foster goodwill and cooperation, and better the lives of those we reach through our good work.

We know you will enjoy this enlightening Orthopaedic Symposium and whether from the United States or Ireland, we encourage you to take this opportunity to extend your visit and tour this beautiful Emerald Isle.

I look forward to a great meeting for all!

*Michael P. Muldoon, MD*

Michael P. Muldoon, MD  
President,  
Irish-American Orthopaedic Society



## IAOS OFFICERS & CHAIRS



**President:**  
Michael P. Muldoon, MD  
USA



**Site Chairman:**  
Derek Bennett, MD  
MCh, FRCS, FRCS (Tr & Orth)  
Ireland



**Program Chair:**  
Ruth Delaney, MD  
MB BCh BAQ, MMedSc, FFSEM, FRCS (Tr & Orth)  
Ireland



**Program Chair:**  
Robert McLaughlin II, MD  
USA

## GUEST SPEAKERS

### Presidential Guest Speaker James Henry Webb, Jr.

James Henry Webb, Jr. is an American politician and author who represented the state of Virginia as United States Senator from 2007-2013, and also acted as Secretary of the US Navy under President Ronald Reagan from 1987-1988.

Senator Webb graduated from the United States Naval Academy in 1968 and was then commissioned as a second lieutenant in the U.S. Marine Corps. He was deployed to Vietnam where his services earned him the Navy Cross for heroism, a Silver Star, two Bronze Stars, and two Purple Hearts. After the military, Webb continued his education at Georgetown University, earning a Juris Doctor degree. He then went on to work on the staff for the House Committee on Veterans Affairs, taught at the Naval Academy, and served as Secretary of the US Navy – the first Naval Academy graduate to serve as the civilian head of the Navy.

Senator Webb is also an Emmy Award winning journalist, filmmaker, and author of ten books. Webb's successful first novel, *Fields of Fire*, drawn from personal experience, tells the story of a platoon of United States Marines in late 1960s Vietnam. Reviewers hailed its descriptions of infantry life and combat. After five more novels, he wrote *Born Fighting: How the Scots-Irish Shaped America*, a personal view of Scots-Irish and their place in American history and culture. In addition, Webb wrote the story, and was the executive producer for, the 2000 film "Rules of Engagement," which starred Tommy Lee Jones and Samuel L. Jackson.

In 2020, Senator James Webb was named inaugural distinguished fellow at Notre Dame International Security Center (NDISC) which helps to bridge the gap between academia and the national security policymaker community to prepare Notre Dame undergraduate and graduate students for careers in the field.



### Guest Speaker RADM (Ret) Bruce Gillingham

Dr. Bruce Gillingham holds a Bachelor of Arts in Cultural Anthropology from the University of California, San Diego, and a Doctor of Medicine from the Uniformed Services University of the Health Sciences. He went on to complete a surgical internship and an orthopaedic residency at the Naval Medical Center San Diego.

Dr. Gillingham has served in various positions throughout Navy Medicine since 1982, including Director of Pediatric Orthopedic and Scoliosis Surgery; Associate Orthopedic Residency Program director; and director of Surgical Services. He has also served as deputy chief, Bureau of Medicine and Surgery, Readiness & Health; commander, Navy Medicine West; commander, Naval Medical Center San Diego; deputy commander, Naval Medical Center Portsmouth; commanding officer, Naval Hospital Jacksonville, Florida; Pacific Fleet surgeon, and Fleet surgeon and director, Health Services, U.S. Fleet Forces. From 2019 to his recent retirement, Dr. Gillingham served as surgeon general of the Navy, Bureau of Medicine and Surgery.

### Guest Speaker Mary Lloyd Ireland, MD

Mary Lloyd Ireland received her medical degree from the University of Tennessee Health Science Center, Memphis. She completed fellowships in Pediatric Orthopaedic Surgery and Sports Medicine at Boston Children's Hospital, Harvard Medical School, and in Orthopaedic Surgery and Sports Medicine at Hughston Orthopaedic Clinic, Columbus, GA.

Formally an athlete herself, Dr. Ireland has served in the Olympics Sports Medicine Program for many teams and also as Team Physician for University of Kentucky and Eastern Kentucky University.

An advocate for women in professional and athletic arenas, she is also a staunch supporter of Resident education, lectures extensively, and is a prolific writer and editor for numerous orthopaedic sports journals.



## Thursday Program

07:00 - 08:00  
08:00 - 08:30

**Meeting Registration**  
**Meeting Open and Welcome**  
Michael Muldoon, MD, President, IAOS  
**History of the IAOS**  
Michael Gilmore, MD, Irish Historian, IAOS

### SESSION 1

#### UPPER EXTREMITY Part 1

Moderators: Anthony Romeo, MD and David Cannon, MD

08:30 - 08:40

**Focal Chondral Defects of the Glenohumeral Joint**

Lance LeClere, MD, CDR MC USNR (Ret.)

08:40 - 08:50

**Glenoid Options for Total Shoulder Arthroplasty**  
Scott Steinmann, MD

08:50 - 09:00

**Pre-op Planning & Mixed Reality in Shoulder Arthroplasty**

Ruth Delaney, MD, MB BCh BAO, MMedSc, FFSEM, FRCS (Tr & Orth)

09:00 - 09:10

**Bursa Augmentation of Rotator Cuff Tears**  
Augustus Mazzocca, MD, MS

09:10 - 09:20

**Role of Physiotherapy and Conservative Treatments for Shoulder Pain**

Patrick Groarke, MD

09:20 - 09:30

**Humeral Arthroplasty Design Considerations**

James Kelly, II, MD

09:30 - 09:40

**San Diego Shoulder - a 40-Year Experience**  
James Esch, MD

09:40 - 09:50

**Biceps Tenodesis: Arthroscopic vs. Open**  
Eric McCarty, MD

09:50 - 10:20

**Discussion/Questions**

10:20 - 10:50

**Break**

10:50 - 11:00

**Post Traumatic Elbow Contracture and Heterotopic Ossification of the Elbow Treated with Surgical Resection**  
Dane Salazar, MD

11:00 - 11:10

**"It is a Jersey Finger....Nope!" FDP Avulsion Injuries and Simulators of FDP Avulsions**  
Eric Hofmeister, MD

11:10 - 11:20

**The History of the Handshake**  
David Cannon, MD

11:20 - 11:30

**The Role of Partial Wrist Fusion**  
Olivia Flannery, MD

11:30 - 12:00

**Discussion/Questions**

12:00 - 12:30

**Guest Speaker**  
**Mary Lloyd Ireland, MD**  
"50 Years of Title IX through the Eyes of Athlete turned Orthopaedic Surgeon"

12:30 - 14:00

**Lunch**



### SESSION 2

14:00 - 14:10

#### LOWER EXTREMITY KNEE Part 1

Moderator: Derek Bennett, MD, MCh, FRCSI, FRCS (Tr & Orth)

14:10 - 14:20

**Treatment Algorithm for Patellofemoral Instability**

K. Donald Shelbourne, MD

14:20 - 14:30

**Bone Contusion Patterns in Skeletally Immature Patients**

Frederick Azar, MD

14:30 - 14:40

**Is it Safe to Routinely Perform Cementless TKA in Osteoporotic Bone?**

David Beverland, MD, FRCS

14:40 - 14:50

**The Anterolateral Side of the Knee: Complex by Name and Complex by Nature!**

Brian Devitt, MD, MB BCh BAO

14:50 - 15:00

**Knee Extensor Mechanism Repair, Augmentation, and Reconstruction**

Michael Stuart, MD

15:00 - 15:10

**Performance Enhancement and Regenerative Orthobiologics**

Vincent McInerney, MD

15:10 - 15:30

**Lateral Extra-articular Tenodesis of the Knee**

Bashir Ahmed Zikria, MD, MSc

15:30 - 16:00

**Discussion/Questions**

**Break**

### SESSION 3

#### LOWER EXTREMITY HIP

Moderators: Michael Muldoon, MD and Patrick Carton, MD, MB BCh BAO, FRCS (Tr & Orth), FFSEM, FWSSEM

16:00 - 16:10

**35 Years of Perspective on Cemented vs Cementless Total Hip Arthroplasty**

John Callaghan, MD

16:10 - 16:20

**World Wide Total Joint Registries**  
Paddy Kenny, MD, MB BCh BAO, FRCSI, FRCS (Tr & Orth)

16:20 - 16:30

**The Problem is not Osteolysis**  
Derek Bennett, MD, MCh, FRCSI, FRCS (Tr & Orth)

16:30 - 16:40

**Managing Acetabular Bone Loss in Revision THA**  
David Lewallen, MD

16:40 - 16:55

**Hip Arthroscopy : Lessons Learned over 25 Years**  
Joseph McCarthy, MD

16:55 - 17:05

**Arthroscopic Hip Preservation - The Waterford Approach**

Patrick Carton, MD, MB BCh BAO, FRCS (Tr & Orth), FFSEM, FWSSEM

17:05 - 17:15

**Hip Preservation - 20 Years**

Bryan Kelly, MD, MBA

17:15 - 17:25

**Hip Arthroscopy in the Warrior Athlete**  
Brian Barlow, MD

17:25 - 17:35

**Universal Approach to Hamstring Pulls**  
John Christoforetti, MD

17:35 - 18:00

**Discussion/Questions**

18:00

**Adjourn - Welcome Reception to follow**

## Friday Program

07:30 - 08:00  
08:00 - 08:30

**Registration**  
**Orthopaedica Hibernica**  
Paddy Kenny, MD, MB BCh BAO, FRCSI,  
FRCS (Tr & Orth), Irish Member-at-Large, IAOS

### SESSION 4

#### UPPER EXTREMITY Part 2

Moderators: Anthony Romeo, MD and  
David Cannon, MD

08:30 - 08:40

**Shoulder Instability in Irish Collision Sports – All the Contact without the Pads**  
Hannan Mullett, MD

08:40 - 08:50

**The Failed Latarjet: Lessons Learned and What to Do**  
Matthew Provencher, MD, CAPT MC USNR (Ret.)

08:50 - 09:00

**When to do Remplissage**

John D. Kelly, IV, MD

09:00 - 09:10

**Reverse Total Shoulder Arthroplasty**

Donald O'Malley, MD

09:10 - 09:20

**Treating Rotator Cuff Disease with Collagen Scaffolds**

Louis McIntyre, MD

09:20 - 09:30

**Management of Massive Rotator Cuff Tears**

Matthew Best, MD

09:30 - 09:50

**Discussion/Questions**

09:50 - 10:20

**Break**

10:20 - 10:30

**Head Injuries in American and Irish Athletes Do Concussions Really Cause CTE?**

Edward McDevitt, MD

10:30 - 10:40

**Sports Related Concussion, an Irish Perspective**

James O'Donovan, MD, MB BCh BAO, FFSEM, MFSEM (UK), CASEM

10:40 - 11:00

**Discussion/Questions**

11:00 - 11:30

**Guest Speaker**

**RADM (Ret) Bruce Gillingham,**

**Immediate Past Surgeon General of the Navy**

**"Leading in Uncertainty: Lessons from the Fleet"**

11:30 - 12:00

**Presidential Guest Speaker**

**Senator James Webb**

**(Former Senator to the State of Virginia, and**

**Former Secretary of the Navy)**

**"America's Strategic Position in a Changing World"**

12:00 - 12:15

**Discussion/Questions**

12:15 - 13:15

**Lunch**

### SESSION 5

#### LOWER EXTREMITY KNEE Part 2

Moderator: Edward McDevitt, MD

13:15 - 13:25

**Predictors of Long-Term Outcomes in**

**ACL Reconstruction**

K. Donald Shelbourne, MD

13:25 - 13:35

**Cartilage Lesions of the Knee**

Robert Waltz, MD, FAAOS

13:35 - 13:45

**Unicompartmental Knee Replacement -**

**When to Use It**

Peter Sharkey, MD

13:45 - 13:55

**Artificial Intelligence: Will Computers and Robots Make Us Dumb and Will They Steal Our Jobs?**

Daniel Valaiki, MD

13:55 - 14:15

**Discussion/Questions**

14:15 - 14:30

**Break**

### SESSION 6

14:30 - 14:40

14:40 - 14:50

14:50 - 15:00

15:00 - 15:10

15:10 - 15:20

15:20 - 15:30

15:30 - 16:00

16:00

19:00

### MISCELLANEOUS

Moderator: Robert McLaughlin II, MD

**Hyperbaric Oxygen Therapy for Osteonecrosis and other Orthopaedic Conditions**

Helen Gelly, MD, FUHM, FACCWS, UHM/ABPM

**Pearls for the Community Orthopedist Taking**

**Care of Paediatric Fractures**

William Hennrikus, MD

**Reflections on Training and Future of Same**

Eoin Sheehan, MD, MB, BCh, BAO, BMedScA, FRCSI, MCh, FRCS (Orth)

**Financial Future of Orthopaedics**

Anthony Romeo, MD

**Perspectives on Healthcare Consolidation and**

**Private Equity Acquisition**

Larry Field, MD

**SOMOS Update**

Scott Tintle, MD, CAPT (sel)

**Discussion/Questions**

**Adjournment**

**President's Dinner**

(Black Tie Optional)



## TOURS/ACTIVITIES

### Spouse/Guest Tours

#### 1916 Rebellion Walking Tour

**Thursday, August 24, 10:00 am – 12 noon** (Meet in the Trinity City Hotel Lobby at 9:45 am)

Join Lorcan Collins, author, historian, and podcaster, as he takes you to the relevant battle sites of the Easter Rising of 1916 – one of the most dramatic events in the history of Ireland's struggle for independence from the British Empire. The executions of the leaders after the Rising awakened a generation to the cause of Irish freedom, resulting in the War of Independence, the formation of the Irish Free State, and, as a result, the Irish Civil War.

Price **\$19**



#### Dublin Food and Fashion Walking Tour

**Thursday, August 24, 1:30 pm – 4:00 pm** (Meet in the Trinity City Hotel Lobby at 1:15 pm)

If you love to eat and love to shop, this is the tour for you! Try on diamonds and cashmere scarves, enjoy luscious chocolates and savories made especially for you, smell exotic perfumes, and hear the stories and history behind them all when you visit Dublin boutiques and eateries.

Price **\$83**



#### Kilkenny Day Tour

**Friday, August 25, 9:00 am – 5:15 pm**  
(Meet in the Trinity City Hotel Lobby at 8:45 am)

Travel by private coach to visit the Medieval City of Kilkenny. This city is small and compact enough to explore on foot and is full of fascinating historical buildings and contemporary shops, design galleries, and restaurants. Your Guide will take you on an epic journey of Kilkenny's past followed by a tour of Kilkenny Castle, one of the most magnificent castles in Ireland, built by the Normans who arrived in the city during the 12th century. Your tour of Kilkenny City also includes a visit to St. Canice's Cathedral, Smithwick's Experience Visitor's Center (brewers of Smithwick's Ale for over 300 years), and lunch at the charming Kyteler's Inn.

Price: **\$160**

### Symposium Activities

#### Thursday, August 24, 2023

18:00 Welcome Reception  
Trinity Biomedical Sciences Institute  
Knowledge Exchange Room

#### Friday, August 25, 2023

19:00 President's Dinner  
The Westin Dublin  
(Black Tie Optional)

Events, dates, and times are all subject to change.



# IAOS MEMBERSHIP APPLICATION



## Irish-American orthopaedic society

Please send the completed application with payment info to:

IAOS  
110 West Road / Suite 227  
Towson, MD 21204 USA

Or complete your application online:  
[iaos.net/join-iaos](https://iaos.net/join-iaos)

NAME (Print clearly) \_\_\_\_\_

SPOUSE'S NAME: \_\_\_\_\_

OFFICE ADDRESS ☐ This is my preferred mailing address

Street/Suite \_\_\_\_\_

City/State/ZIP \_\_\_\_\_

Office Phone/Fax \_\_\_\_\_

Email (for IAOS announcements) \_\_\_\_\_

HOME ADDRESS ☐ This is my preferred mailing address

Street: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Home Phone Number: \_\_\_\_\_

### Dues Payment Options:

- ☐ 2023 Surgeon  
**\$150 USD**
- ☐ 2023 Allied Health  
**\$75 USD**
- ☐ 2023 Emeritus  
**\$75 USD**
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**\$300 USD**
- ☐ 2023/2024 Allied Health  
**\$150 USD**
- ☐ 2023/2024 Emeritus  
**\$150 USD**

Medical College: \_\_\_\_\_

Post Graduate Training: \_\_\_\_\_

Practice: ☐ Private ☐ Academic Institution ☐ Hospital Employee

☐ Other \_\_\_\_\_

AAOS Member: ☐ Yes ☐ No FRCS (I): ☐ Yes ☐ No

Specialty: \_\_\_\_\_

Recommended By: \_\_\_\_\_

### Payment Preference:

☐ Credit Card

☐ Check

☐ Check enclosed (make payable to IAOS in US dollars)

☐ Credit Card No.: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

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